

Menu Name : Twin Cities International Breakfast Menu	December - 2023	Meal Pattern : NSLP	Meal: Breakfast
Grade Level / Age Group : K-8 Grades			

Breakfast	<p>Friday, December 1, 2023</p> <p>Warm Strawberry Boli (2 items)</p> <p><i>"Christmas is like candy; it slowly melts in your mouth sweetening every taste bud, making you wish it could last forever." – Richelle E. Goodrich</i></p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p> <p><i>Chef's Choice may be offered</i></p>	Week IV
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Breakfast	<p>Monday, December 4, 2023</p> <p>Assorted Big Bowl Cereal (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Tuesday, December 5, 2023</p> <p>Apple Cinnamon Muffin (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Wednesday, December 6, 2023</p> <p><i>* Student Favorite *</i></p> <p>Low Sugar Whole Grain Chocolate Cake Donut (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Thursday, December 7, 2023</p> <p>Low Sugar WG Cinnamon Roll (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Friday, December 8, 2023</p> <p>Warm Glazed Honey Bun (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	Week V
<i>Chef's Choice may be offered</i>						

Breakfast	<p>Monday, December 11, 2023</p> <p>Assorted Big Bowl Cereal (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Tuesday, December 12, 2023</p> <p>Whole Grain Chocolate Chip Muffin (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Wednesday, December 13, 2023</p> <p>Strawberry Hand Pie (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Thursday, December 14, 2023</p> <p><i>* Student Favorite *</i></p> <p>Low Sugar 4 Pack Glazed Mini Breakfast Bites (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Friday, December 15, 2023</p> <p>Warm Chocolate Swirl (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	Week VI
<i>Chef's Choice may be offered</i>						

Breakfast	<p>Monday, December 18, 2023</p> <p>WG Banana Chocolate Chip Oatmeal Breakfast Round (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Tuesday, December 19, 2023</p> <p>Confetti Snackbread (2 Items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Wednesday, December 20, 2023</p> <p>Low Sugar Whole Grain Cake Donut (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Thursday, December 21, 2023</p> <p>Favorite Mini Cinnis (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Friday, December 22, 2023</p> <p>Best Ever French Toast Stick Pack (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	Week I
<i>Chef's Choice may be offered</i>						

Breakfast	<p>Monday, December 25, 2023</p> <p>Assorted Big Bowl Cereal (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Tuesday, December 26, 2023</p> <p>Orange Dream Muffin (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Wednesday, December 27, 2023</p> <p>Banana Loaf (2 Items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Thursday, December 28, 2023</p> <p>WG Cinnamon Swirl (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Friday, December 29, 2023</p> <p>Warm Apple Filled Donut (2 items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	Week II
<i>Chef's Choice may be offered</i>						

*** Three items meet USDA Requirements (One item must be fruit) ***